



CLUB CARDS

WELLNESS CARD (with a deposit for club services - fitness as a gift). The amount of your deposit on the card provides privileges:

Wellness card	DEPOSIT	GIFT	DISCOUNT
Platinum	from 150,000 rubles	Annual fitness card	15 %
Gold	from 100,000 rubles	Semi-Annual Fitness Card	ten %
Silver	from 50,000 rubles	Monthly fitness card	5 %

FITNESS CARD

When buying a fitness card, you are provided with:

- A set of towels, an individual undressing box, a box for storing valuables.
- Unlimited number of visits to the use of the gym and the group program hall.
- Introductory briefing on fitness programs.
- For children aged 5 to 8 years, a children's club is open under the responsibility of parents
- Monthly testing.
- Mineral water - in coolers.

Fitness card	Station wagon. (back massage, diagnostics) Mon-Fri 08:00 - 23:00 Sat-Sun 09:00 - 21:00	Daytime (diagnostics) Mon-Fri 08:00 - 17:00 Sat-Sun 09:00 - 21:00	Map 12 lessons (diagnostics)	freezing	discount
Monthly	3000	2500	3000	no	no
Semi-annual	16800	13200	no	14 days	5 %
Annual	30,000	24000	no	30 days	ten%

- Personal training (10 lessons, coupon for a classic back massage, diagnostics) - 4500 rubles.
- Personal training (5 lessons) - 2600 rubles.
- Personal training for club card holders (10 lessons) - 4000 rubles.

(coupon for classic back massage, diagnostics)

- Personal training, one-time lesson (for owners of club cards and hotel guests) - 470 rubles.
- Guest visit (one-time visit to the Wellness Club) - 400 rubles.
- Special discounts are provided:
 - with a one-time payment of 5 procedures of the same name, the 6th procedure as a GIFT!;
 - with a one-time payment of 10 procedures of the same name (7%).

TESTING

Name of service	Service time	Cost, rub
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Initial test / Retest	45 min / 20 min	600/400
Body Composite Analysis	10 min	300
Cardio scanning	10 min	300
Drawing up a training plan for one month	-	800